

(Established: February 2022) (Updated: November 2024)

Start Times:

- Time schedule will be as follows:
 - o Lights JV at 5:30 p.m. & Varsity at 7:00 p.m.
 - O No Lights JV at 4:00 p.m. & Varsity at 5:30 p.m.

Pre-Game Warm-up:

- The field shall be available at least 30 minutes prior to the start of the JV game but teams must be considerate of other sports/teams sharing the facility
- Varsity will have at least 20 minutes of on-field warm-up time; warm-up time may be reduced if agreed upon in advance by both teams
- Teams will warm up at their bench end of the field

Game Format:

- Games will be 2 halves
- Each half shall be 40:00 in length for varsity and 35:00 for sub-varsity
- Halftime will be 10 minutes but may be shortened if agreed upon in advance by both teams
- The 8-goal differential rule is in effect for varsity & sub-varsity games during the 1st half and should be confirmed during pregame meetings with officials, players, and coaches
 - The clock will not stop for goals, cards, injuries, or any other reason
 - A game shall be terminated when a team is ahead by 8 goals or more any time after the first half is completed
- Stop clock under 5:00 left in the 2nd half on all substitutions
- Overtime Procedures
 - There will be no overtime periods or shootouts in the regular season
 - o For end-of-season bracketed tournaments (i.e. Soccer Cup), games tied at the end of regulation will go directly to a shootout to determine who advances



CAAC Event Management Policies & Procedures Soccer (Boys & Girls)

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General Procedures:

- When a host school conducts a special activity that will interrupt pregame or halftime, they shall be required to notify the visiting AD and/or coach no later than upon arrival
- No artificial noisemakers will be allowed, including Vuvuzela horns
- Spectators will be prohibited from forming pep lines or tunnels on the field

Playing Rules

- o All MHSAA and National Federation rules will be followed
- o Home teams shall wear dark uniforms; Visitor shall wear white uniforms

Officials

- Three officials will be assigned for all varsity games (if possible)
- Two officials will be assigned for JV games

Make-Up Dates

- Postponed games will be made up on the next available date as determined by participating school ADs & coaches with every attempt made to make up prior to the All-League meeting
- Division games will take precedence over non-division games

Media

- o Bona fide media shall be provided access to the facility and press areas
- Photography restrictions will be established by the host school consistent with similar outdoor events

Results

Host school will report results to local media and/or post on social media

Host School Expectations

- o Provide game balls and ball personnel for each sideline
- Water and ice for both teams
- Restroom facilities for the visiting team
- Changing area for officials (if possible and upon request)
- Certified athletic trainer or doctor (if possible)
- Host school trainers will tape the visiting team (if asked), and as a courtesy, the visiting team should bring taping supplies
- Have Emergency Action Plans (EAPs) in place for participating team(s) & officials

Weather Policies & Suspensions

- Host school management will determine if a game is to begin if field conditions are affected by weather
- o If a game is to be cancelled in advance due to poor field conditions the visiting team shall be notified prior to 2:00 p.m.
- Once a game begins, the decision to suspend lies with officials; resumption of play will be determined by host school management
 - The game is legal and complete once the first half is completed
 - If the first half has not been completed, play shall resume from the point of suspension
- O Delays for contests scheduled prior to 3:00 p.m. must not exceed 3 hours; delays for contests scheduled for 3:00 p.m. or later must not exceed 90 minutes
 - Delays on nights not followed by school from all the competing teams may be longer by mutual agreement of participating schools

Division Championship Determination

- Division Championship will be determined by overall division record after completion of a single roundrobin schedule; a win is worth 2 points in the standings, a tie 1 point, and a loss 0 points
- The team with the highest point total will be declared the champion (if 2 or more teams earn the same final number of points, they will be named co-champions)

CAAC Cup

- The CAAC Cup has no implications on conference standings or a conference champion
 - a. CAAC Cup will be seeded based on representatives from each Division
 - b. Overtime Procedure will go directly to penalty kicks; there will not be any overtime periods

All-Conference Selection Format

- Each division will select All-Conference Teams for CAAC recognized sports
- Players will be selected to the CAAC Divisional All-Conference Team
- There will not be a designation of first team or second team
- When athletes are voted to an All-Conference Team, it shall be primarily based on their performance in divisional games and contests; overall season performance may also be considered
- On a rotating basis, each school will host the All-Conference selection meeting; in most cases, the host Athletic Director will chair the meeting
 - All Conference medals and certificates will be provided by the CAAC and distributed to each school; each school shall distribute medals and certificates to the athletes
- The CAAC Commissioner will release All-Conference results to the media when CAAC teams are no longer competing in MHSAA tournaments

Team sports (voted by division coaches)

- Soccer: 20 players + 2 goalkeepers
- All-Conference athletes will receive gold medals plus a certificate
- All-Conference Honorable Mention athletes will receive a certificate

All-Conference Meeting

- Host school will distribute nomination forms to division ADs
 - Coaches shall submit a ranked list of All-Conference nominees from their respective teams to their Athletic Director for approval; the Athletic Director or designee of each school shall submit nominees to the host school
 - Nominees should be only those players worthy of All-Conference consideration; coaches should not include honorable mention athletes in their nominations
 - o All nominations will be kept in confidence and should not be shared publicly
- Coaches will meet at a predetermined site to select All-Conference Teams; a coach or a school representative must be present in order to vote for All-Conference Teams
- The host athletic director will prepare the official ballot and chair the selection meeting
- Coaches will determine the make-up of the All-Conference Team, by position, before the vote is taken; the positional make-up of the All-Conference Team may change from year to year by consensus of the coaches
- Each coach must vote a complete ballot and may not vote for his or her team members
- Coaches will vote a secret ballot; the host athletic director will tabulate the votes and announce the results (Coaches will not be allowed to assist with tabulations)
- In case of a tie, a second ballot will be prepared for coaches who are not involved in the tie; if the tie
 remains after a second ballot, the players involved will be placed on the All-Conference Team and
 additional medals will be awarded
- Honorable Mention will be awarded to those who receive at least one vote

All-Conference Meeting Format

The athletic director in charge of the division will:

- Review policy as stated in the CAAC Constitution
- Each coach will present the athletes from their school in order of those most deserving
- Pass out prepared ballots
- Review voting policy:
 - Vote full ballot
 - o There can be no additions to the original ballot once the voting starts
- Check that all coaches have voted a full ballot
- Any athlete receiving a vote who does not earn All-Conference will receive Honorable Mention
- Announce All-Conference and Honorable Mention honorees
- Confidentiality is essential
 - All nominations and discussions must remain in confident and not shared in public; this is done to protect the integrity of the process
- Before adjourning the meeting, coaches will discuss any recommendations coaches may want to make to the athletic directors for future consideration
- Distribute medals
- Pass out championship trophy (if possible)
- Coaches may reveal their All-Conference selections only; all other All-Conference selections will not be released publicly until after the MHSAA State Tournament concludes
- Save paperwork until July 1
- Send information to CAAC Commissioner

Academic All-Conference Award Criteria

- Award will be presented at the end of each season
- Athlete must have a 3.5 cumulative grade point average
- Athlete must have been awarded a Varsity Letter

MHSAA Handbook Regulations

- A student or team shall participate in no more than three games and/or interscholastic scrimmages of soccer in one week (Monday through Sunday), including regular and MHSAA tournament play (p. 68)
- A student or team is limited to one game per school day (p. 68)
- A student or team shall participate in no more than four interscholastic scrimmages and in no more than 18 games, exclusive of the MHSAA tournament (p. 68)
- A student or team may participate in a multi-team tournament where the event counts as one of 18 regular season contests; the event format could consist of up to two full 80-minute games, or a format in which total allowable playing time for any team is no more than 180 minutes (with a maximum of 30-minute halves); the following provisions would apply (P. 68):
 - A student or team would be allowed a maximum of two multi-team tournaments in its regularseason schedule, each tournament counting as one of the 18 games of allowed competition
 - Multi-team tournaments must be held on the same day, and could only be held on non-school days or days not followed by school
 - The games may only be resolved by a shoot-out method; no overtime could be played
 - If a student or team participates in an interscholastic multi-team tournament, that student or team shall participate in no more than two regulation games or interscholastic scrimmages that week, Monday through Sunday, in addition to the multi-team tournament
 - For purposes of the "three half" rule: if two teams from one school are at the same event, allow
 participation in no more halves than what is being played by the school's highest team level that
 day; for example, if the varsity team is playing three 30-minute half games for a total of six halves,
 a player playing both JV and varsity on the same day can play in six total halves that day

MHSAA Handbook Regulations (continued)

- A contestant in any sport shall not participate on two different teams on the same date in the same sport, except wrestling, and those sports that allow a "fifth quarter" of participation (basketball, bowling, football, boys lacrosse, girls lacrosse, soccer) (p. 69)
- To be eligible to compete in the MHSAA Tournament for Soccer, a student must have been a participating member of that school team (any level) in that sport in at least four games against other MHSAA member school teams during the current season; see the Participating School Tournament Information for specific requirements and waiver procedures (p. 81)
- There will be no overtime periods or shootouts in the regular season; leagues and conferences may have an overtime option for end-of-season bracketed tournaments (overtime not to exceed two 10-minute periods plus shootout) (p. 117)
 - o When considering the three-half rule, overtime is considered an extension of the second half
 - o A multi-team tournament may use a shootout to determine a winner
- Uniforms (Caps) (p. 117):
 - o Players may wear soft and yielding ski caps during inclement weather. Caps must be alike in color
 - A team not complying with the playing rules for colors of jerseys would be responsible for wearing whatever options are used to attain different jersey colors
- Casts (p. 118):
 - Authorization for players to compete while wearing a legally padded cast must be in writing from an M.D., D.O., Physician's Assistant or Nurse Practitioner