



CAAC Game Sheet

Soccer (Boys & Girls)

(February 2022)

Start Times:

- Time schedule will be as follows:
 - Lights – JV at 5:30 p.m. & Varsity at 7:00 p.m.
 - No Lights – JV at 4:00 p.m. & Varsity at 5:30 p.m.

Pre-Game Warm-up:

- The field shall be available at least 30 minutes prior to the start of the JV game but teams must be considerate of other sports/teams sharing the facility
- Varsity will have at least 20 minutes of on-field warm-up time; warm-up time may be reduced if agreed upon in advance by both teams
- Teams will warm up at their bench end of the field

Game Format:

- Games will be 2 halves
- Each half shall be 40:00 in length for varsity and 35:00 for sub-varsity
- Halftime will be 10 minutes but may be shortened if agreed upon in advance by both teams
- The 8-goal differential rule is in effect for varsity & sub-varsity games and should be confirmed during pregame meetings with officials, players, and coaches
 - A game shall be terminated when a team is ahead by 8 goals or more any time after the first half is completed
- **Overtime Procedures**
 - There will be no overtime periods or shootouts in the regular season
 - For end-of-season bracketed tournaments (i.e. Soccer Cup), games tied at the end of regulation will go directly to a shootout to determine who advances