



CAAC Game Sheet

Competitive Cheer

(June 2022)

Start Times:

- Competitions will start at 6:00 p.m.
 - Team Arrival will be determined by the host school but 5:00 p.m. is recommended
 - Coaches Meetings will be determined by the host school but 5:15 p.m. is recommended
 - Doors Open to Spectators will be determined by the host school but 5:15 p.m. is recommended

Pre-Game Warm-up:

- Teams will be given mat warm-up time of at least 3 minutes per team (in Round 1 order)
- Host schools are required to communicate to opposing school ADs at least 48 hours prior with a detailed Competition Day Information Sheet (including Team Arrival, Coaches Meeting, Doors Open to Spectators, Round Order, etc.), especially if the schedule (below) is altered
 - 5:55 p.m. Teams Announced & National Anthem
 - 6:00 p.m. Competition Begins

Game Format:

- Competitions will be 3 rounds