Athletic Outdoors Track and Field
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CAAC Blue Conference Meet

Edit Meet

DIVISIONAL · Wed, May 14, 2025 · Grand Ledge HS

Field: 3:00 PM | Track: 5:00 PM

Contact Host

Three simple steps
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3. Invite your coaches
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Official Results | Meet Info | Posts | Teams | Team Scores | Schedule

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Men's Results

100 Meters Varsity - Finals

1.	Temidola Okuboyejo	10.99s (-1.1)	East Lansing	
2.	Jaden Bell	11.04s (-1.1)	Lansing Waverly	
3.	Jensen Kirby	11.16s (-1.1)	Okemos	
4.	Jordan Cuthrow	11.20s (-1.1)	Okemos	
5.	Khanei Davis	11.25s (-1.1)	Grand Ledge	
6.	Dorijan Jackson	11.30s (-1.1)	East Lansing	
7.	Macklynn Fourman	11.32s (-1.1)	Lansing Waverly	
8.	Christopher Allen Jr	11.39s (-1.1)	Lansing Waverly	
9.	Jackson Taylor	11.47s (-1.1)	Lansing Waverly	
10.	Ja'Darion Taylor	11.47s (-1.1)	Holt	
11.	Jaden Bell	11.52s (-1.1)	Lansing Waverly	
12.	Jeremiah Sparks	11.61s (-1.1)	Holt	
13.	Jahlil Elend	11.61s (-1.1)	Holt	
14.	Theodore Samuels	11.65s (-1.1)	Okemos	
15.	Leon Johnson	11.81s (-1.1)	Okemos	
16.	Mordrew Hallums	11.82s (-1.1)	Lansing Waverly	
17.	Jackson Clark	11.83s (-1.1)	Holt	
18.	Jaden Bell	11.84s (-1.1)	Lansing Waverly	
19.	Bryan Coleman	11.85s (-1.1)	Okemos	
20.	Benjamin Wangdin	12.12s	Grand Ledge	
21.	Mason Chichilian	12.13s	Grand Ledge	
22.	Griffin Hamilton	12.15s	Grand Ledge	
23.	Simare Wright	13.43s	Lansing Everett	

200 Meters Varsity - Finals

1.	Temidola Okuboyejo	22.25s (+1.1)	East Lansing	
2.	Dyelan Arnold	22.66s (+1.1)	Holt	
3.	Caeden Trotter	22.69s (+1.1)	Lansing Waverly	
4.	Dorijan Jackson	23.01s (+1.1)	East Lansing	
5.	Macklynn Fourman	23.03s (+1.1)	Lansing Waverly	
6.	David Venn	23.14s (+1.1)	Holt	
7.	Christopher Allen Jr	23.17s (+1.1)	Lansing Waverly	
8.	David Lattimore	23.22s (+1.1)	Holt	
9.	Aiden Aldrich	23.72s (+1.1)	Okemos	
10.	Carter Sutton	23.75s (+1.1)	Okemos	
11.	Leon Johnson	23.79s	Okemos	
12.	Jordan Cuthrow	23.90s	Okemos	
13.	Donavek Stubbs	24.13s	Holt	
14.	Jeremiah Sparks	24.17s	Holt	
15.	Sincere Wright	24.72s	Lansing Everett	
16.	Charlie Winsor	25.03s	DeWitt	
17.	Channing Brown	25.07s	Grand Ledge	
18.	Zachary Stevens	25.44s (+1.1)	Grand Ledge	
19.	Tasuan Lewis	25.65s (+1.1)	Holt	
20.	Jaden Bender	25.66s (+1.1)	DeWitt	
21.	Benjamin Spencer	25.77s	Grand Ledge	
22.	Hassan Chaaraoui	DNS	Lansing Everett	

400 Meters Varsity - Finals

1.	Evan Walker	49.36s	Lansing Waverly
2.	Aiden Aldrich	51.70s	Okemos
3.	Carter Bishop	52.60s (+1)	Holt
4.	Jaden Bender	52.62s	DeWitt
5.	Patrick Page	53.70s	Okemos
6.	Joseph Mitchell	53.24s (+1)	Holt
7.	Donavek Stubbs	53.27s (+1)	Holt
8.	Sincere Wright	53.66s	Lansing Everett
9.	Julian Terranova	53.77s	Okemos
10.	Carter Storey	54.35s	Okemos
11.	Jackson Bowen	54.50s (+1)	Grand Ledge
12.	Mason Chichilian	54.53s (+1)	Grand Ledge
13.	Sir Emmerich Robeda	55.94s (+1)	Grand Ledge
14.	Jaden Bender	56.04s	DeWitt
15.	Drew Westfall	56.73s	Grand Ledge
16.	Jackson Matthews	57.04s	Okemos
17.	Aiden Carlton	58.06s	Okemos
18.	Tekashi Lewis	58.34s	Holt

800 Meters Varsity - Finals

1.	Brayden Chrisman	2:02.66s	DeWitt
2.	Evan Newcombe	2:03.08s (+1)	East Lansing
3.	Jack Hoban	2:03.58s	Okemos
4.	Sam Booth	2:03.71s (+1)	East Lansing
5.	Jackson Bowen	2:03.80s (+1)	Grand Ledge
6.	Brennan Mcshane	2:04.17s (+1)	Holt
7.	Elijah Hutchinson	2:04.17s	Grand Ledge
8.	Steven Hodges	2:09.44s (+1)	Holt
9.	Ian Brown	2:07.38s	Okemos
10.	Nathan Wilkinson	2:08.00s (+1)	Okemos
11.	Callahan Knight	2:12.54s (+1)	Grand Ledge
12.	Sumsam Sidhu	2:13.27s (+1)	Holt
13.	Ezra Easterly	2:13.51s	Lansing Waverly
14.	Jackson Bowen	2:13.61s (+1)	Grand Ledge
15.	Cruz Diaz	2:14.53s	Lansing Everett
16.	Kameron Anunga	2:16.82s	Lansing Waverly
17.	Help Dunia	2:20.95s	Lansing Everett
18.	Alexander Schafer	2:22.77s	Grand Ledge
19.	Ray Hall	2:43.64s (+1)	Lansing Waverly
20.	Elijah Swift	2:24.28s	Lansing Everett

1600 Meters Varsity - Finals

1.	Ian Foster	4:28.28s (+1)	DeWitt
2.	Eden Lampi	4:34.04s (+1)	East Lansing
3.	Nathan Wilkinson	4:34.60s (+1)	Okemos
4.	Liam Fredrick	4:35.72s (+1)	Okemos
5.	Nolan Ingis	4:43.07s (+1)	DeWitt
6.	Ian Brown	4:43.08s (+1)	Okemos
7.	Joshua Carpenter	4:46.36s (+1)	Okemos
8.	Nathan Beemer	4:49.36s (+1)	Okemos
9.	Gurdaan Sidhu	4:50.47s	Okemos
10.	Alexander Schafer	4:51.47s	Grand Ledge
11.	Rashad Dalal	4:53.49s (+1)	Lansing Waverly
12.	Maxwell Stuber	4:56.78s	Holt
13.	Ezra Easterly	4:57.04s (+1)	Lansing Waverly
14.	Matthew Mcdonnell	5:07.15s (+1)	Okemos
15.	Sawyer Hosford	5:14.05s	Holt
16.	Jeremi Bednar Jr	5:16.53s (+1)	Lansing Waverly
17.	Help Dunia	5:17.18s (+1)	Lansing Everett
18.	Nathan Agyare	5:17.51s (+1)	Holt
19.	Vincent Arnold	5:31.55s (+1)	Lansing Everett

3200 Meters Varsity - Finals

1.	Eden Lampi	10:02.95s (+1)	East Lansing
2.	Ian Morgan	10:04.52s (+1)	Okemos
3.	Benjamin Rottier	10:04.65s	Grand Ledge
4.	Nolan Ingis	10:14.50s (+1)	DeWitt
5.	Sam Donnellon	10:16.93s (+1)	East Lansing
6.	Ethan Melville	10:17.40s (+1)	Okemos
7.	Sam Eck	10:30.21s	Grand Ledge
8.	Julian Edwards	10:31.38s	Holt
9.	Nathan Beemer	10:31.39s	Okemos
10.	Andrew Fuqua	10:41.30s	Okemos
11.	Ian Hicks	10:59.49s	Grand Ledge
12.	Hunter Lounds	11:09.74s (+1)	Holt
13.	Jack Hoban	11:09.80s (+1)	Okemos
14.	Jordan Serra Matthias Crowley	11:19.59s (+1)	Lansing Waverly
DNS			

110m Hurdles Varsity - Finals

1.	Semera Moore	14.68s (-1)	Holt
2.	Collin Alexander	15.71s (-1)	Okemos
3.	Jaiden Hamilton	16.68s (-1)	Lansing Waverly
4.	Peyton Jones	16.72s	Lansing Waverly
5.	Isaiah Foster	16.81s	Holt
6.	Jaime Barria	17.03s	Lansing Waverly
7.	Cassia White	17.13s (-1)	Grand Ledge
8.	Alec Jachalke	17.47s (-1)	Grand Ledge
9.	Evan Schmidt	17.59s (-1)	DeWitt
10.	Jeremiah Graham-Turner	17.70s	Holt
11.	Tasya Fredhoff	17.72s (-1)	Grand Ledge
12.	Gavin Lord	DNS	Okemos
13.	Ethan Melville	DNS	Okemos
14.	Keenan Harris	DNS	Lansing Waverly

300m Hurdles Varsity - Finals

1.	Collin Alexander	40.37s (-1)	Okemos
2.	Zechariah Jones	41.49s (-1)	Okemos
3.	Jaice Harris	42.71s	Lansing Waverly
4.	Alec Jachalke	43.32s (-1)	Grand Ledge
5.	Kamden Bingham-Tee	44.32s (-1)	East Lansing
6.	Evan Schmidt	45.38s (-1)	DeWitt
7.	Ethan Melville	45.57s	Holt
8.	Jeremiah Graham-Turner	45.61s	Holt
9.	Cassia White	45.72s	Grand Ledge
10.	Isaiah Foster	46.10s	Holt
11.	Brayden Price	47.03s (-1)	Okemos
12.	Peyton Jones	47.36s	East Lansing
13.	Teague Fredhoff	47.66s (-1)	Grand Ledge
14.	Cody Williams	49.62s	DeWitt
15.	Gavin Lord	49.89s (-1)	Okemos
DNS	Deonte Phifer	DNS	East Lansing

4x100 Relay Varsity - Finals

1.	Jeremiah Spencer Christopher Allen Jr Jahi Wood Khanei Davis	43.94s	Lansing Waverly A
2.	Darryle Davis Jeremiah Sparks Jeffery Bridges Dorijan Jackson	44.45s	East Lansing A
3.	Tezza Prather Macintyre Fourman Jawad Smith Zechariah Jones	44.67s	Grand Ledge A
4.	Jackson Bowen Leon Johnson Carter Storey Caiden Pley	44.70s	Okemos A
5.	Seneca Moore Dyelan Arnold Ja'Darion Taylor Ethan Melville	45.04s	Holt A
6.	Jensen Kirby Aiden Aldrich Gavin Lord Julian Johnson	45.37s	DeWitt A
7.	Christopher Allen Jr Evan Walker Caeden Trotter Deon Taylor	1:29.27s	Lansing Waverly A
8.	Darryle Deter Temidola Okuboyejo Dorijan Jackson Jeremiah Sparks	1:30.21s	East Lansing A
9.	Theodore Samuels LaDon Hatcher Hevone Stone Charles Thompson	1:35.19s	Holt A
10.	Tezza Prather Carson Daly Benjamin Spangelo Griffin Hamilton	1:36.25s	Grand Ledge A
11.	Bryan Coleman Allen Carter Xavier Ford Caiden Pley	1:36.33s	Okemos A
12.	Aiden Aldrich Jensen Kirby Gavin Lord Julian Johnson	1:40.72s	DeWitt A
13.	Ryan Sunderman Julian Terranova Jackson Bowen Liam Finnessey	3:29.28s	East Lansing A
14.	Macintyre Fourman Zechariah Jones Elijah Hutchinson Ben Haakenson	3:32.43s	Grand Ledge A
15.	Aiden Aldrich Ian Brown Brennan Mcshane Gurdaan Sidhu	3:34.85s	DeWitt A
16.	Charles Thompson Anthony Todd Mikah Wilson Joseph Mitchell	3:36.28s	Holt A
17.	Ian Brown Gurdaan Sidhu Jack Hoban Nathan Wilkinson	3:45.59s	Okemos A
18.	Jaice Harris Keenan Harris Jeremiah Evans Jeremiah Spencer	3:52.54s	Lansing Waverly A

4x200 Relay Varsity - Finals

1.	Jackson Blaisdell Brayden Chrisman Ian Foster Brennan Mcshane	8:14.65s	DeWitt A
2.	Elijah Hutchinson Ben Haakenson Jackson Bowen Benjamin Rottier	8:25.05s	Grand Ledge A
3.	Connor Forshman Gurmaan Sidhu Gurshaan Sidhu Ian Brown	8:25.82s	Okemos A
4.	Ryan Sunderman Sam Booth Evan Newcombe Sam Booth	8:47.65s	East Lansing A
5.	Ezra Easterly Jeremi Bednar Jr Ray Hall Kameron Anunga	8:54.72s	Lansing Waverly A
6.	Ian Morgan Jonah Diaz Devin Burke Nathaniel Kilgore	9:22.97s	Holt A

Shot Put Varsity - Finals

1.	Carlyss Speed	47' 10"	Holt	
2.	Jack Hoban	46' 10.5"	Okemos	
3.	Josh Hollon	45' 4.5"	Holt	
4.	Mac Bernard	44' 3"	Lansing Everett	
5.	Logan Costello	41' 7.5"	Holt	
6.	Cooper Popoff	40' 3"	DeWitt	
7.	Justice Dunphy	40' 1.5"	Grand Ledge	
8.	Braden Chapman	38' 3"	Grand Ledge	
9.	Jaden Bender	37' 8"	DeWitt	
10.	Cody Williams	36' 6"	DeWitt	
11.	Alex Mapanga	36' 1	East Lansing	
12.	Caiden Bell	34' 10"	Okemos	
13.	Zach Barber	34' 7"	Okemos	
14.	Jaden Jones	33' 8	Lansing Everett	
15.	Aaron White	33' 2	East Lansing	
16.	Jeremiah Evans	32' 10.5"	Lansing Waverly	
17.	Khanei Turner	32' 8.5"	Grand Ledge	
18.	Owen Sanford	27' 0	East Lansing	
19.	Ben Espelding	26' 5	Okemos	

Discus Varsity - Finals

1.	Logan Costello	143' 5	Grand Ledge	
2.	Cooper Popoff	140' 10	DeWitt	
3.	Josh Hollon	132' 1	Holt	
4.	Carl Fitton	129' 8	Holt	
5.	Ryan Beattie	127' 2	Grand Ledge	
6.	Cooper Popoff	117' 3	DeWitt	
7.	Kory Jones	115' 8	Holt	
8.	Cedric Jackson II	110' 7	Unattached	
9.	Jeremiah Evans	107' 10	Lansing Waverly	
10.	Sam Dellinger	107' 6	Okemos	
11.	William Hayes	99' 2	DeWitt	
12.	Khanei Turner	90' 10	Grand Ledge	
13.	Zach Barber	83' 0	Okemos	
14.	Caiden Bell	81' 7	Okemos	
15.	Ben Espelding	76' 8	Okemos	
16.	Alex Mapanga	75' 2	East Lansing	
17.	Aiden Greenberg	70' 2	Okemos	
18.	Jaden Jones	69' 7	Lansing Everett	
19.	Owen Sanford	67' 10	East Lansing	
	Ty Ellis	NO	Grand Ledge	

High Jump Varsity - Finals

1.	Denali Smith	6' 3 in	Grand Ledge
2.	Deonte Phifer	6' 3 in	Lansing Waverly
3.	Jaden Davis	6' 0 in	Okemos
4.	Carter Bishop	5' 10	Holt
5.	Zechariah Jones	5' 8	Grand Ledge
6.	Prydenick Arbuckle	5' 8	Okemos
7.	Jayce Branson	5' 7	East Lansing
8.	Adam Feeney	5' 7	Holt
9.	Eric Thornton	5' 7	Holt
10.	Jeremiah Graham-Turner	5' 6	Holt
11.	Xavier Pendergrass	5' 6	Okemos
12.	Jaden Bender	NH	DeWitt
13.	Julian Klann	NH	Holt
	Taylor Knighten	NH	Holt

Pole Vault Varsity - Finals

1.	Aiden Cohoon	12' 6	Okemos
2.	Jadin Cunningham	12' 0 in	Okemos
3.	Isaac Sundbeck	10' 6	Grand Ledge
4.	Toby Burkhard	10' 6	Okemos
5.	Adnan Lahna	10' 0 in	Lansing Everett
6.	Christopher Bell	9' 6	Holt
7.	Devin Burke	9' 0	Holt
8.	Jaden Bender	9' 0	DeWitt
9.	Kaden Wise	NH	Holt
	Ray Hall	NH	Lansing Waverly
	Mac Choi-Dehoyos	NH	Okemos

Long Jump Varsity - Finals

1.	Ryan Davis	22' 8.75 in	Holt
2.	Temidola Okuboyejo	21' 10.5"	East Lansing
3.	Evan Walker	20' 10.25	Lansing Waverly
4.	Jeremiah Evans	20' 6.25 in	Lansing Waverly
5.	Elijah Jackson	20' 0 in	East Lansing
6.	Logan Davis	20' 0.25	Okemos
7.	Denali Smith	19' 10.5	Grand Ledge
8.	Jeremiah Spencer	19' 10.25 in	Lansing Waverly
9.	Jaden Davis	19' 9.5	Okemos
10.	Jaden Bell	19' 8	Holt
11.	Ethan Melville	19' 4	Holt
12.	Jahi Wood	19' 3.5	Lansing Waverly
13.	Jaden Bender	19' 1.25 in	DeWitt
14.	Prydenick Arbuckle	19' 0	Okemos
15.	Jayce Branson	18' 8	East Lansing
16.	Jaden Bell	18' 7	Holt
17.	Jake Liscord-Elkins	18' 5.75 in	Grand Ledge
18.	Teague Fredhoff	17' 9	Okemos
19.	Carson Daly	17' 6.5	Grand Ledge
20.	Adam Flannery	17' 5.25	Okemos

Meet managed with Athletic Net
Learn More

A Women's Results

100 Meters Varsity - Finals

1.	Gabrielle Pruitt	12.85s	East Lansing	
2.	Jaiden Hamilton	12.89s (-1.1)	Lansing Waverly	
3.	Sophia Sanford	12.96s	Okemos	
4.	Jessica Bosserdorek	13.03s (+1)	Holt	
5.	Michelle Odiase	13.24s (-1.1)	Okemos	
6.	Ella Gordon	13.31s	Lansing Everett	
7.	Lola Fore Ogunfolaki	13.37s	East Lansing	
8.	Averie Miller	13.44s	DeWitt	
9.	Kaiya Rogers	13.51s (-1.1)	Lansing Waverly	
10.	Ariyana Vanderhall	13.52s (-1.1)	Lansing Waverly	
11.	Ella Hall	13.55s (-1.1)	Okemos	
12.	Lena Heeke	13.55s	Okemos	
13.	Kaiya Barnes	13.57s	Lansing Waverly	
14.	Ly'Nisa Tyler	13.71s (-1.1)	Holt	
15.	Lydia Beaton	13.82s	Grand Ledge	
16.	Ella Gordon	13.91s	Lansing Everett	
17.	Clara Lewis	14.26s (+1)	Holt	
18.	Ella Gordon	14.27s	Lansing Everett	
19.	Hannah Dalgleish	14.28s	Okemos	
	Jayonna Lewis	DNS	Lansing Everett	

200 Meters Varsity - Finals

1.	Gabrielle Pruitt	25.73s	East Lansing	
2.	Jaliya Mack-Smith	26.04s (+1.1)	Grand Ledge	
3.	Jaiden Hamilton	26.17s (+1.1)	Lansing Waverly	
4.	Sophia Sanford	26.41s (+1.1)	Okemos	
5.	Averie Miller	27.36s	DeWitt	
6.	Michelle Odiase	27.50s (+1.1)	Okemos	
7.	Nylah Cannon	27.63s (+1.1)	Okemos	
8.	Ella Gordon	27.65s (+1.1)	Lansing Everett	
9.	Veronica Hollingsswo...	28.01s	Lansing Waverly	
10.	Ella Hall	28.03s (+1.1)	Okemos	
11.	Kaiya Rogers	28.04s (+1.1)	Lansing Waverly	
12.	Lola Fore Ogunfolaki	28.26s (+1.1)	East Lansing	
13.	Ella Gordon	28.29s (+1.1)	Lansing Everett	
14.	Ariaya Vanderhall	28.31s (+1.1)	Lansing Waverly	
15.	Amelia Bell	28.72s (+1.1)	Holt	
16.	Zoe Yancy	29.38s	Grand Ledge	
17.	Lydia Beaton	29.39s	Grand Ledge	
18.	Jayonna Lewis	29.60s (+1.1)	Lansing Everett	
19.	Ava Ettenger	30.65s	Okemos	
20.	Ella Gordon	31.01s	Lansing Everett	
21.	Hannah Osborne	31.63s (+1)	DeWitt	

400 Meters Varsity - Finals

1.	Lauren Hamilton	59.65s	Grand Ledge	
2.	Jaiden Hamilton	1:00.82s	Lansing Waverly	
3.	Kaylah Hughes	1:01.67s	Grand Ledge	
4.	Mia Williams	1:01.84s	Okemos	
5.	Adriana Callen	1:02.23s (+1)	Grand Ledge	
6.	Amelia Bell	1:02.72s (+1)	Holt	
7.	Avery Novak	1:03.98s	DeWitt	
8.	Jessica Bosserdorek	1:04.17s (+1)	Holt	
9.	Anika Mallik	1:05.73s (+1)	Holt	
10.	Sydney Ferguson	1:05.72s (+1)	Holt	
11.	Kaiya Rogers	1:06.17s (+1)	Lansing Waverly	
12.	Serika Ochberg	1:13.29s	Okemos	
13.	Reina Hirst	1:13.47s	Okemos	
14.	De'Niya Wise	1:14.54s	Lansing Waverly	
15.	Ava Smith	1:17.53s	Holt	
16.	Jayonna Lewis	DNS	Lansing Everett	
	Natalia Suddeth	DNS	Lansing Everett	
	Ella Gordon	DNS	Lansing Everett	
	Jaliya Mack-Smith	DNS	Lansing Everett	

800 Meters Varsity - Finals

1.	Anna Delgado	2:13.30s (+1)	East Lansing
2.	Taylor Ferguson	2:18.66s (+1)	Grand Ledge
3.	Ayla Hollon	2:23.64s	Okemos
4.	Jaime Christopher	2:27.37s	Okemos
5.	Lauren Hamilton	2:27.70s	Grand Ledge
6.	Shannon Gilbert	2:28.75s	Okemos
7.	Elsa Gomez	2:30.71s (+1)	Holt
8.	Ava Ettenger	2:31.27s	Okemos
9.	Peyton Bolton	2:34.00s	Okemos
10.	Octavia Harris	2:36.05s	Okemos
11.	Kate Chenault	2:40.57s	Okemos
12.	Madeleine Schlegel	2:40.70s (+1)	Okemos
13.	Sharlyn Stanford	2:50.61s (+1)	Holt
14.	Destiny Williams	3:00.65s (+1)	Lansing Everett
15.	Emily Sampson	3:03.47s (+1)	Okemos
16.	Anna Hogan	3:04.73s (+1)	Okemos
17.	Ava Ettenger	3:06.62s (+1)	Okemos
18.	Amelia Bell	3:19.45s	Holt
19.	De'Niya Wise	3:21.02s	Lansing Waverly
20.	Keara Jackson	DNS	Lansing Everett

1600 Meters Varsity - Finals

1.	Anna Delgado	4:55.03s	East Lansing
2.	Taylor Ferguson	4:56.63s	Grand Ledge
3.	Ayla Hollon	5:08.84s	Okemos
4.	Aviana Skinner	5:23.66s	Grand Ledge
5.	Kaya Wilcox	5:25.07s	Okemos
6.	Autumn Thompson	5:26.14s	DeWitt
7.	Elizabeth Gilbert	5:26.55s	Okemos
8.	Kaitlyn Stock	5:42.34s (+1)	Grand Ledge
9.	Elsa Gomez	5:44.39s	Holt
10.	Kate Chenault	5:55.25s	Okemos
11.	Kate Chenault	6:01.73s	East Lansing
12.	Emily Sampson	6:04.65s (+1)	Okemos
13.	Kianna Shady	6:27.09s	East Lansing
14.	Charlotte Carter	6:34.01s (+1)	Holt
15.	Bleis Ahlsworth	6:40.57s	Lansing Everett
16.	Madeleine Schlegel	6:52.04s (+1)	Okemos
17.	Amelia Fisher	6:54.04s	Holt
DNS	Alexis Ahlsworth	DNS	Lansing Everett

3200 Meters Varsity - Finals

1.	Autumn Thompson	11:41.72s	DeWitt
2.	Aviana Skinner	11:49.07s (+1)	Grand Ledge
3.	Lily Salazar	11:51.83s	Okemos
4.	Kaya Wilcox	11:52.27s	Okemos
5.	Kaitlyn Stock	11:57.29s	Grand Ledge
6.	Lilli Vanderwervent	12:15.22s (+1)	Okemos
7.	Brynn Hewitt-O'Brien	12:19.30s	Okemos
8.	Lydia Jagger	12:22.34s	Grand Ledge
9.	Avalee Crockett	12:39.00s	Okemos
10.	Ella Langschwager	13:03.68s	Holt
11.	Kianna Shady	13:11.71s	East Lansing
	Kayla Hillebrand	DNS	Okemos

100m Hurdles Varsity - Finals

1.	Elyse Sanders	16.14s (+1)	Okemos
2.	Violet Grebenkov	16.59s	Okemos
3.	Rowan Smith	17.06s (+1)	Okemos
4.	Kamarra Cooks	17.07s (+1)	Okemos
5.	Jamiki Wade	17.70s (+1)	Okemos
6.	Ella Hall	18.63s (+1)	Okemos
7.	Olivia Wallace	18.67s	Okemos
8.	Aida Neely	19.61s	Okemos
9.	Madison Cook	DNS	Okemos
10.	Evelyn Irer	20.41s	DeWitt
11.	Ava Delos	DNS	Okemos

300m Hurdles Varsity - Finals

1.	Elyse Sanders	50.07s	East Lansing
2.	Violet Grebenkov	50.68s	Okemos
3.	Alexsha Sun	51.05s	Okemos
4.	Gabi Joseph	51.71s	Grand Ledge
5.	Rowan Smith	52.03s (+1)	Okemos
6.	Kamarra Cooks	52.91s (+1)	Okemos
7.	Ella Hall	53.07s (+1)	Okemos
8.	Evelyn Irer	53.64s	DeWitt
9.	Favour Nwoku	54.27s	East Lansing
10.	Alexa Rios	54.61s (+1)	Okemos
11.	Aida Neely	57.36s (+1)	Okemos
12.	Ava Delos	57.39s (+1)	Okemos
13.	Elyse Sanders	58.32s	Okemos
14.	Rowan Smith	59.33s	Okemos
15.	Madison Cook	1:00.46s	Okemos
16.	Alycia Bonce-Clark	1:02.73s	Grand Ledge

4x100 Relay Varsity - Finals

1.	Nariyah Conway Makenna Thompson Jazmine-Kelly Woods Jessica Bosserdorek	51.05s	Holt - A
2.	Michelle Odiase Ashley Williams Lydia Beaton Ella Gordon	51.28s	Grand Ledge - A
3.	Izzy Ivey Ly'Nisa Turner Sophia Sanford Jayda DeMyers	52.59s	Lansing Waverly - A
4.	Lily Kauffman Sophia Gordon Ella Hall Nylah Cannon	52.91s	DeWitt - A
5.	Olivia Wallace Violet Grebenkov Favour Nwoku Tyriah Davis	53.02s	Okemos - A
6.	Ava Ettenger Fahmeedah Bello Thalia Manso-Zamora Sarina Ochberg	1:59.79s	Okemos - A

4x400 Relay Varsity - Finals

1.	Lauren Hamilton Kaylah Hughes Adriana Callen Taylor Ferguson	4:08.72s	Grand Ledge - A
2.	Jaiden Hamilton Anika Mallik Amelia Bell Nnibi Kingsley	4:22.12s	East Lansing - A
3.	Ayla Hollon Avery Novak Mia Williams Makenna Thompson	4:25.31s	DeWitt - A
4.	Jaime Christopher Elizabeth Schafer Ella Gordon Lilli Vanderwervent	4:45.30s	Okemos - A

4x800 Relay Varsity - Finals

1.	Ayla Hollon Autumn Thompson Kaya Wilcox Mara Whitmore	9:51.75s	DeWitt - A
2.	Aviana Skinner Elsa Gomez Lydia Jagger Kaitlyn Stock	10:11.10s	Grand Ledge - A
3.	Taylor Ferguson Ella Hall Lily Kauffman Sophia Gordon	52.91s	DeWitt - A
4.	Jayda DeMyers Ella Hall Lily Kauffman Sophia Sanford	52.91s	DeWitt - A
5.	Olivia Wallace Violet Grebenkov Favour Nwoku Tyriah Davis	53.02s	Okemos - A
6.	Ava Ettenger Fahmeedah Bello Thalia Manso-Zamora Sarina Ochberg	1:59.79s	Okemos - A

Shot Put Varsity - Finals

1.	Ma Long	36' 1	East Lansing	
2.	Brianna Wood	31' 9	Grand Ledge	
3.	Shaelyn Schlenker	31' 5	Holt	
4.	Ayla Bowers	31' 1	Grand Ledge	
5.	Ava Ettenger	30' 8.5	Okemos	
6.	Morgan Gilbert	30' 8	Grand Ledge	
7.	Elaina Ettington	28' 3	Okemos	
8.	Gabriella Williams	27' 11	Holt	
9.	Ava Miller	27' 5	Holt	
10.	Mackenzie Klott	26' 9	Holt	
11.	Lauryn Hayes	25' 1	Holt	
12.	Ava Ettenger	24' 11.5	Okemos	
13.	Myana Collins	23' 2	Grand Ledge	
14.	Tahlia Nelson	22' 9	Lansing Waverly	
15.	Lauryn Hayes	22' 5	Holt	
16.	Daniela Peterson	18' 6	Okemos	

Discus Varsity - Finals

1.	Brookelynn Meyers	102' 9 in	Holt	
2.	Brianna Wood	92' 5 in	Grand Ledge	
3.	Hailey Ellis	87' 8 in	Lansing Waverly	
4.	Mackenzie Klott	86' 0 in	Holt	
5.	Ma Long	74' 9	East Lansing	
6.	Myana Collins	73' 10 in	Grand Ledge	
7.	Gabriella Sulberry	70' 11 in	Holt	
8.	Ayla Bowers	70' 10 in	Grand Ledge	
9.	Lauryn Hayes	69' 11	Holt	
10.	Elaina Ettington	69' 8	Okemos	
11.	Ava Bowers	62' 8	Okemos	
12.	Ava Miller	62' 8	Okemos	
13.	Tahlia Nelson	57' 1	Lansing Waverly	
14.	Amelia Erost	55' 4	Holt	
15.	Gabriella Williams	53' 10	Holt	
16.	Daniela Peterson	48'