

CAAC Game Sheet Basketball (Boys & Girls)

(February 2022)

Start Times:

- Triple Headers will start at 4:00 p.m.
 - o 15-minutes between the freshman and JV games
 - o 20-minute warm up between the JV and Varsity games
- Sub-varsity Double Headers will start at 5:30 p.m.
 - o JV game will start 15-minutes after the freshman game
- Varsity Double Headers will start at 6:00 p.m.
 - o 20-minute warm up between games
 - o 15-minute warm up between games may be used with mutual consent of coaches

Pre-Game Warm-up:

- The court is to be available 30 minutes prior to the start of the first contest
- Score table personnel should make themselves available for officials with 12:00 on the clock before the start of each game

Game Format:

- Games will be 4 quarters
- Quarters shall be 8:00 in length
- Time between quarters (and each overtime) shall be 1:00 in length
 - o Sound the horn with 15-seconds before the expiration of an intermission
- Halftime shall be 10:00 in length
- Timeouts: each team will get three (3) full and two (2) 30-second timeouts
 - o Sound the horn with 15-seconds before the expiration of all timeouts
- Time to replace a disqualified or injured player shall be 20-seconds
 - Sound the horn with 15-seconds before the expiration of the interval to replace a disqualified or injured player
- Running clock shall occur after the first half when one team has a lead of 40 points or more; the clock shall revert to regular time when the score is reduced to a 30-point lead or less
 - Clock stops on all timeouts, between quarters, and for free throws during the last two minutes of the game
- Overtime shall be 4:00 in length
 - o Timeouts shall carryover, with each team getting one full-length timeout