



## CAAC Game Sheet

### Basketball (Boys & Girls)

(Established: February 2022)

(Updated: November 2024)

#### Start Times:

- Triple Headers will start at 4:00 p.m.
  - 15-minutes between the freshman and JV games
  - 20-minute warm up between the JV and Varsity games
- Sub-varsity Double Headers will start at 5:30 p.m.
  - JV game will start 15-minutes after the freshman game
- Varsity Double Headers will start at 6:00 p.m.
  - 20-minute warm up between games
  - 15-minute warm up between games may be used with mutual consent of coaches

#### Pre-Game Warm-up:

- The court is to be available 30 minutes prior to the start of the first contest
- Score table personnel should make themselves available for officials with 12:00 on the clock before the start of each game

#### Game Format:

- Games will be 4 quarters
- Quarters shall be 8:00 in length
- Teams will shoot two (2) free throws for common fouls when in the "bonus"
  - Free throws will begin on the 5<sup>th</sup> team foul each quarter
  - Fouls will reset to zero (0) after each quarter
  - Fouls will not reset for overtime, as overtime is an extension of the 4<sup>th</sup> quarter
- Time between quarters (and each overtime) shall be 1:00 in length
  - Sound the horn with 15-seconds before the expiration of an intermission
- Halftime shall be 10:00 in length
- Timeouts: each team will get three (3) full and two (2) 30-second timeouts
  - Sound the horn with 15-seconds before the expiration of all timeouts
- Time to replace a disqualified or injured player shall be 20-seconds
  - Sound the horn with 15-seconds before the expiration of the interval to replace a disqualified or injured player
- Running clock shall occur after the first half when one team has a lead of 40 points or more; the clock shall revert to regular time when the score is reduced to a 30-point lead or less
  - Clock stops on all timeouts, between quarters, and for free throws during the last two minutes of the game
- Overtime shall be 4:00 in length
  - Timeouts shall carryover, with each team getting one additional full-length timeout



# CAAC Event Management Policies & Procedures

## Basketball (Boys & Girls)

(Established: February 2022)

(Updated: November 2024)

### General Procedures:

- When a host school conducts a special activity that will interrupt pregame or halftime, they shall be required to notify the visiting AD and/or coach no later than upon arrival
- No artificial noisemakers will be allowed
- Spectators will be prohibited from forming pep lines or tunnels on the court
- Up to 12 cheerleaders will be allowed on the floor during the game but any number is allowed during time-outs and half-time
- The home team may have a pep band but must be under the supervision of an adult
- **Playing Rules**
  - All MHSAA and National Federation playing rules will be followed
  - Home teams shall wear white uniforms; Visitor shall wear dark uniforms
- **Film Exchange Policy**
  - By agreement of the CAAC Athletic Directors, league schools will share or allow access to a quality game recording of one game or scrimmage from the previous week to the upcoming CAAC opponents; coaches are responsible to provide recording by 12:00 p.m. the Sunday prior to the contest
    - This courtesy is not to be extended to non-CAAC schools unless required by the MHSAA
  - All schools will make their game video available to the CAAC officials' assigner for purposes of officials' evaluation and study
- **Officials**
  - Three officials will be assigned for all varsity games
  - Two officials will be assigned for freshman and JV games
    - Schools have the option of having three officials assigned to work sub-varsity games
- **Make-Up Dates**
  - Postponed games will be made up on the next available date as determined by participating school ADs & coaches with every attempt made to make up prior to the All-League meeting
  - Division games will take precedence over non-division games
- **Media**
  - Bona fide media shall be provided access to the facility and press areas
  - Photography restrictions will be established by the host school consistent with similar indoor events
- **Results**
  - Host school will report results to local media and/or post on social media
- **Host School Expectations**
  - Warm-up balls for both teams
  - Water and ice for both teams
  - Locker room facilities for the visiting team
  - Chalkboard or equivalent for visitors
  - Changing area for officials
  - Certified athletic trainer or doctor (if possible)
  - The timer, announcer, and scorer for varsity games should be adults (if possible)
  - Host school trainers will tape the visiting team (if asked), and as a courtesy, the visiting team should bring taping supplies

- **Weather Policies & Suspensions**

- If a game is to be cancelled in advance due to inclement weather the visiting team shall be notified prior to 2:00 p.m.
- Once a game begins, the decision to suspend lies with officials; resumption of play will be determined by host school management
  - Play shall resume from the point of suspension
- Delays for contests scheduled prior to 3:00 p.m. must not exceed 3 hours; delays for contests scheduled for 3:00 p.m. or later must not exceed 90 minutes
  - Delays on nights not followed by school from all the competing teams may be longer by mutual agreement of participating schools

## **Division Championship Determination**

- Division Championship will be determined by overall division record after completion of a double round-robin schedule; a win is worth 2 points in the standings, a tie 1 point, and a loss 0 points
- The team with the highest point total will be declared the champion (if 2 or more teams earn the same final number of points, they will be named co-champions)

## **All-Conference Selection Format**

- Each division will select All-Conference Teams for CAAC recognized sports
- Players will be selected to the CAAC Divisional All-Conference Team
- There will not be a designation of first team or second team
- When athletes are voted to an All-Conference Team, it shall be primarily based on their performance in divisional games and contests; overall season performance may also be considered
- On a rotating basis, each school will host the All-Conference selection meeting; in most cases, the host Athletic Director will chair the meeting
  - All Conference medals and certificates will be provided by the CAAC and distributed to each school; each school shall distribute medals and certificates to the athletes
- The CAAC Commissioner will release All-Conference results to the media when CAAC teams are no longer competing in MHSAA tournaments

## **Team Sports (voted by division coaches)**

- Basketball: 10 players
- All-Conference athletes will receive gold medals plus a certificate
- All-Conference Honorable Mention athletes will receive a certificate

## All-Conference Meeting

- Host school will distribute nomination forms to division ADs
  - Coaches shall submit a ranked list of All-Conference nominees from their respective teams to their Athletic Director for approval; the Athletic Director or designee of each school shall submit nominees to the host school
  - Nominees should be only those players worthy of All-Conference consideration; coaches should not include honorable mention athletes in their nominations
  - All nominations will be kept in confidence and should not be shared publicly
- Coaches will meet at a predetermined site to select All-Conference Teams; a coach or a school representative must be present in order to vote for All-Conference Teams
- The host athletic director will prepare the official ballot and chair the selection meeting
- Coaches will determine the make-up of the All-Conference Team, by position, before the vote is taken; the positional make-up of the All-Conference Team may change from year to year by consensus of the coaches
- Each coach must vote a complete ballot and may not vote for his or her team members
- Coaches will vote a secret ballot; the host athletic director will tabulate the votes and announce the results (Coaches will not be allowed to assist with tabulations)
- In case of a tie, a second ballot will be prepared for coaches who are not involved in the tie; if the tie remains after a second ballot, the players involved will be placed on the All-Conference Team and additional medals will be awarded
- Honorable Mention will be awarded to those who receive at least one vote

## All-Conference Meeting Format

The athletic director in charge of the division will:

- Review policy as stated in the CAAC Constitution
- Each coach will present the athletes from their school in order of those most deserving
- Pass out prepared ballots
- Review voting policy:
  - Vote full ballot
  - There can be no additions to the original ballot once the voting starts
- Check that all coaches have voted a full ballot
- Any athlete receiving a vote who does not earn All-Conference will receive Honorable Mention
- Announce All-Conference and Honorable Mention honorees
- Confidentiality is essential
  - All nominations and discussions must remain in confidence and not shared in public; this is done to protect the integrity of the process
- Before adjourning the meeting, coaches will discuss any recommendations coaches may want to make to the athletic directors for future consideration
- Distribute medals
- Pass out championship trophy (if possible)
- Coaches may reveal their All-Conference selections only; all other All-Conference selections will not be released publicly until after the MHSAA State Tournament concludes
- Save paperwork until July 1
- Send information to CAAC Commissioner

## Academic All-Conference Award Criteria

- Award will be presented at the end of each season
- Athlete must have a 3.5 cumulative grade point average
- Athlete must have been awarded a Varsity Letter

## **MHSAA Handbook Regulations**

- A student shall participate in no more than five quarters in a day, in no more than three days of competition in a week Monday through Sunday and in no more than 22 days of competition, exclusive of the MHSAA tournament (p. 66)
- A team shall participate in no more than three games Monday through Sunday and observe the season maximum of four interscholastic scrimmages and 22 games, exclusive of the MHSAA tournament (p. 66)
- A team shall participate in no more than one game of interscholastic basketball per day (p. 66)
- A student or team participating in an MHSAA tournament shall compete in no other basketball game during the week of that tournament (Monday through Sunday) (p. 66)
- A student shall participate in no more than five quarters in a day; overtime is considered an extension of the fourth quarter insofar as this section is concerned (five quarters in a day) is concerned (Supplement & p. 66)
- A student shall not play for two or more teams on any level (varsity or sub-varsity, scrimmage or contest) in the same sport on the same day, regardless of the sport; participation in any part of a contest or interscholastic scrimmage constitutes competition in a game or scrimmage under the provisions of this Section (p. 69)
- A 28-foot coaching box for regular-season and tournament games shall be used (p. 114)