



# CAPITAL AREA ACTIVITIES CONFERENCE

EDUCATION THROUGH ACHIEVEMENT,  
ACHIEVEMENT THROUGH EDUCATION.

## CAAC ATHLETIC DIRECTORS MEETING MINUTES - September 10, 2025

The meeting was called to order at 9:33 AM

Approval of August minutes approved unanimously (Mason, East Lansing)

Executive Board Meeting Report - The meeting of the Executive Board was held on August 27th. The following recommendations are brought forward. Desire to standardize the following

- All-Conference nomination form
- All Conference results form
- Gathering final league standings
- Gathering final records (conference and overall)

The Executive Board desires to have a CAAC archive. It will be too difficult to track 23 years of history so moving forward will be the goal.

The CAAC Standing Committees are as follows, 7 AD's will serve on each committee with representation from each division. Each committee will elect a Chairperson and meet independently. They are:

- Competition Committee
- Officials and Assignors Committee
- Sportsmanship Committee

In addition and new CAAC shared drive will be established to better disseminate information.

Tom will develop a final results form for season end reporting. This will help establish the archive.

The CAAC Boys Soccer Cup seed meeting will be held on Wednesday, September 24th at 7:30 PM at Buddies Pub and Grill in East Lansing. Each division is to have 2 coaches involved in the seeding. Please let Tom know in advance who will be representing your division.

Blue and Red Division Girls Golf Championships will be held Tuesday, September 30th at Timber Ridge Golf Club, common start at 10:00 AM.

Competitive Cheer division alignment and schedules were reviewed and confirmed. Scholarship meet will be held December 19th at DeWitt High School.

Bowling organizational meeting will be held Sunday, September 28 at City Limits in Mason.

Division meeting- Please establish committee assignments and soccer reps. Report to Tom.

Randy Allen distributed trophies and medals, more coming in October.

Girls Wrestling conference tournament will be held on February 8th in Eaton Rapids.

The following cooperative agreements were proposed and approved:

- Girls Lax- East Lansing (primary) with Lansing Catholic, Waverly, Bath and Lansing Christian (St. Johns, GL)
- Gymnastics- Holt (primary) with Mason and Dansville (Mason, GL)
- Gymnastics - Haslett (primary) with Williamston, Okemos, St. Johns (Mason, GL)

MIAAA Report - Congratulations to Nikki Norris MIAAA AD of the Year.

MIAAA Region 7 - No report

Round Table

- MHSAA attestation due 9/11
- MHSAA Update Meeting - 10/1 in DeWitt
- Next CAAC Meeting 10/8 with Principals
- Scheduling Meeting 10/15 at Haslett High School