## CAAC Game Sheet

## Baseball

(February 2022)

## Start Times:

- All Varsity \& JV Division games will begin at 4:00 p.m., played at opposite sites


## Pre-Game Warm-up:

- Infield practice will be no longer than 10 minutes
- Format for pregame:
- 3:35-3:45 p.m. - Home team infield
- 3:45-3:55 p.m. - Visiting team infield
- 3:55-4:00 p.m. - Introductions, Plate Conference, and National Anthem
- 4:00 p.m. - First Pitch


## Game Format:

- All Division games are doubleheaders, with at least 15 minutes between games
- Games will be 7 innings
- Host teams will be the home team for both games
- Sub-varsity games may be reduced to 5 or 6 innings in doubleheaders if agreed upon in advance by both teams
- Sub-varsity games may use a time-limit if agreed upon in advance by both teams (1 hour, 45 minutes is recommended)


## MHSAA Rules:

- MHSAA run differential will be 15 runs after 3 completed innings and 10 runs after 5 completed innings
- Sub-varsity may use an 8 -run mercy rule after 5 completed innings if agreed upon in advance by both teams
- Suspended Games: by default, a game will be considered suspended any time the game is called before it reaches regulation, or if called any time when the score is tied
- If both schools agree, a game called prior to regulation or a tied game may be declared a "no game"
- Games resumed from the point of suspension do not count as an additional game, pitching limitations apply
- The MHSAA pitch count rule will be in effect, with a maximum number of pitches in one day $=105$
- Rest Period per Number of Pitches
- 76-105 Pitches 3 Days of Rest
- 51-75 Pitches 2 Days of Rest
- 26-50 Pitches 1 Day or Rest
- 25 Pitches or Less No Required Days of Rest
- Day of Rest: A calendar day in which a student does not participate in any game on that day as a pitcher (starter or relief pitcher)
- Counted Pitch: All regulation pitches that are thrown to a batter that result in a ball, strike (called or swinging), foul ball or fair batted ball put into play are considered a "counted pitch" for purposes of this rule; an illegal pitch, a pitch that follows a balk or timeout being called, warm-up pitches, throws when playing a batted or thrown ball and pick-off throws to a base are NOT counted under this rule
- Daily Pitches: These are all the counted pitches that are thrown on any given calendar day; if a pitcher participates in multiple games of a doubleheader or tournament on a given calendar day, those counted pitches must be added together in establishing that pitcher's daily number of pitches

