

## **Policy 5280 WRESTLING**

*Changes Approved 5/11/11*

### **I. Scheduling**

- League schedules will be determined by divisions.
- Home site for regular season meet will rotate each year.
- Division schedule will rotate every two years with the last game being moved to first and other games moved back accordingly.
- Division matches will be held on Wednesday night.

### **II. Division Championship Determination**

- The division meet will count one-half toward the overall championship.
- A win is worth two points in the standing, a tie is worth one point, and a loss is worth zero points.
- Regular season champion will get the same number of points as there are teams in the division. Points will be awarded to other teams in descending order of finish.
- League tournament champion will get the same number of points as there are teams in the division. Points will be awarded to other teams in descending order of finish.
- Regular season points will be added to tournament points and the team with the highest point total will be declared the champion.

### **III. Starting Time**

- JV: 5:30-Will wrestle on a third mat or in between matches.
- Varsity: Dual Matches will begin at 6:00 p.m. Double Dual Matches will begin at 5:30 p.m.

### **IV. Rules of the Game**

- All MHSAA and National Federation rules will be followed.
- The National Anthem will be played before the varsity match only.
- Each team will clean-up their own blood spills.
- Home weigh-in will be used.

### **V. Host School Responsibilities**

- Provide a MHSAA registered official.
- Equipment necessary to run the match.
- Water, ice, and blood cleaner will be provided for both teams.
- Locker room facilities for the visiting team.
- Certified athletic trainer or doctor (if possible).

## **VI. Reporting Scores**

The host school will report scores to:

- Jackson Citizen Patriot (800-878-3267)
- Lansing State Journal (800-365-1068)

## **VII. Pre-Game and Warm-Up**

The mat is to be available thirty-minutes prior to the start of the match.

## **VIII. Make-Up Dates**

Postponed matches will be rescheduled prior to the division tournament.

## **IX. Regular Season Match Format**

- All varsity matches will be two-minute periods.
- The starting weight will be drawn in the presence of both coaches and the referee.
- JV matches will be two-minute periods unless both coaches agree to shorter periods.

## **X. Division Tournament**

- A division meet will be held the Saturday prior to the Districts.
- The host school will be rotated each year by alphabetical order.
- The division meet will be run as an individual meet.
- A seeding meeting will take place at the host school the night before the division meet.
- JV division meet will be held at the discretion of each division and must be determined before the season starts. No trophies or medals will be awarded.
- The host school will hire one more official than mats being used at the varsity division meet.
- The varsity matches for first and second and the matches for third and fourth will be wrestled at the same time on different mats.